

# PALLIATIVE CARE



## What is Palliative Care?

Palliative care focuses on **symptom relief** and **quality of life**. You may pursue palliative care even while undergoing treatment (such as chemotherapy or radiation). Common symptoms that palliative care helps address include: pain, difficulty breathing or shortness of breath, nausea, loss of appetite, difficulty sleeping, emotional distress -- *and many more*. Palliative care may benefit people of all different ages and with different illnesses or diagnoses.

## How is Palliative Care different from Hospice?

Palliative care is different than Hospice Care. Palliative care can be received *at anytime* during an illness; whereas, Hospice provides comfort care and support specifically toward the end-of-life. Often, involving palliative care *early on* in the course of an illness has a positive impact on the patient and their loved ones.

*We're here for you*

HOA has a Palliative Care Team

**Dr. Silviu Pasniciuc, MD, is our dedicated Palliative Care Physician. He has received specialty training in palliative medicine and is board-certified. He works closely with the other members of your care team and helps ensure that your care aligns with your wishes. Ask your Doctor or Nurse about Palliative Care and see if it's right for you.**

*Palliative Care focuses on comfort & quality of life.*